

South City Hospital providing wide spectrum of specialties



Message

Dr Saadia Virk Rizvi
CEO, South City Hospital

SOUTH City Hospital's success is based on its formula of bringing together a consortium of medical specialists and providing medical care the way it should be.

Our practices are standardised, whether it is a procedure in the operating room or nursing care. Our team is credentialed and our staff is trained according to international SOPs and guidelines to ensure that the system works along those benchmarks of quality instead of us creating our own. We endeavour to provide a range of billing options for patients which range from low cost to the VIP. We want our patients to be well-informed, provided personalised care and an environment that makes their stay with us pleasant.

We are especially proud of our varied Critical Care Units — the Neonatal Intensive Care Unit, the Step-Down Unit, the High Dependency Unit, the Surgical ICU and the Medical ICU. We believe that critical care is a grey area in our country and we want to expand and elaborate on it.

SCH is also prioritising high quality nursing care and uniquely provides one-to-one nursing, especially in our critical care areas. Other hospitals maintain a standard of 1:4 or one nurse for four patients.

At SCH we are investing in the training of our nurses. There is a shortage of nurses globally, not just in Pakistan, and we believe that if we provide this profession the respect it deserves and the proper profile, we all will benefit in the long run.

In addition to these areas of focus, we believe that cost-effective and safe care for patients is South City Hospital's core strength. We achieve this by ensuring that patients and their families are treated in a clean environment where international safety standards are adhered to.

Eighty to 90 years ago, the hospitals set up by the missionaries set a standard of hygiene with their fly-screens, high ceilings for ventilation and strict rules. Their architecture was patient-friendly.

Their standard of cleanliness was high even though today we have far superior cleaning materials. Keeping this tradition in mind, SCH became the first hospital in Pakistan to be built along the guidelines of the Royal Institute of British Architects.

At present SCH has a large turnover of advanced laparoscopic procedures in General and Gynaecological surgeries. It is our vision to establish SCH as a centre for training in advanced laparoscopic surgery. ■

SOUTH City Hospital (Pvt.) Limited is a privately owned facility that covers a wide spectrum of specialties, with an aim to provide high quality medical care in a comfortable and luxurious environment.

We have total capacity of 178 beds. It houses a pharmacy, laboratory, fully equipped radiology unit, eight state-of-the-art operating theatres, labor and delivery suites and a cardiac unit. The hospital also has CCU, two Cath Labs, SICU, MICU & NICU.

Emergency Room

The South City Hospital Emergency Room (ER) Department based on 20+ Beds which provides 24-hour service for trauma and non-trauma medical and surgical emergencies. This is supported by 24-hours portable and conventional Ultrasonography, x-rays, as well as C.T Scan, M.R.I, Advance Laboratory Services supported by Four Critical Care Units.

ER at South City Hospital Karachi being a Multi Disciplinary Unit is capable of handling all types of medical emergencies including obstetric & gynaecological emergencies, neo-natal and paediatric medical emergencies, surgical emergencies, orthopaedic emergencies, neuro medicine and neuro-surgical emergency. Dedicated chest pain management team is present round the clock, and Emergency Coronary Angioplasty is offered when indicated immediately. We take pride at less than 25 minutes from ER to Cath Lab in Primary Emergency angioplasty.

General Surgery

General Surgery at South City Hospital consists of dedicated and trained medical professionals offering a wide range of surgical services including: **Laparoscopic Surgery** (Sleeve Gastrectomy; Gastric Bypass Surgery; Appendectomy; Cholecystectomy; Exploration of Common Bile Duct; Hernia Repair; Colonic Surgery; Obesity Surgery; Fundoplication; Repair of Hiatus Hernia; Splenectomy) **Conventional Surgery** (Thyroid, Parathyroid; Breast; Diseases of the Digestive Tract; Hernia; Hydrocele; Piles, Fistula, Fissure-in-Ano; Varicose Veins) **Emergency:** All Acute Abdominal Emergencies

Obstetrics & Gynaecology

We provide a comprehensive range of general obstetric and gynaecological services. General obstetric services: Preconception health screening, Antenatal care, Intrapartum, Postnatal care.

Orthopaedics

At South City Hospital, we provide Orthopaedics Surgery services and offer comprehensive consultation on and treatment of disorders of the musculoskeletal system.

Cardiology

Cardiology clinics at South City Hospital provide general cardiology and coronary care, hypertension management, anticoagulation assessment and treatment of other cardiac related problems.

The cardiac diagnostic services we provide are as follows:

Non-invasive cardiac diagnostic services: Ambulatory blood pressure monitoring; Ambulatory electrocardiography; Exercise stress test; Head-up tilt test; Stress Echocardiography; Holter Monitoring

Invasive cardiac diagnostic services: Pacemaker therapy; Right and left heart cardiac catheterization; Selective coronary angiography; Treadmill test; Elective & Emergency Angioplasty

Gastroenterology

The service of Gastroenterology is devoted to the clinical care of patients with gastrointestinal and liver disorders. These include peptic ulcer disease, gastro-oesophageal reflux disease, gastrointestinal bleeding, functional gastrointestinal disorders, inflammatory bowel disease, pancreatic-biliary diseases, acute and chronic liver disease as well as gastrointestinal and liver malignancies.

SCH has a state-of-the-art Endoscopy Unit fully equipped to offer comprehensive diagnostic and therapeutic endoscopy service.

Paediatrics

South City Hospital caters to the medical and developmental needs of babies and children. Our neonatologists specialise in managing newborns and providing acute care for premature babies.

Anaesthesia & Surgical Intensive Care Unit

South City Hospital is equipped with anaesthetic machines and sophisticated monitoring systems to ensure the safety of patients under anaesthesia.

Eight-bed fully equipped and advanced surgical intensive care unit present besides the operation theatre has made it possible to provide for majority of critical non-stable surgical patient management. Surgical Intensive Care Unit also provides Haemodialysis when required.

Pain Management Service

Post surgical pain can now be bet-

ter controlled with a dedicated team of doctors and nurses using various modalities of treatment and new equipment. The Department also provides a chronic pain service for patients who suffer from persistent pain.

Critical Care Services

The Critical Care Services at South City Hospital are fully prepared and well equipped to deal all medical emergency right from the moment a patient arrives in ER and until admitted in our critical care department. Following are the four state-of-the-art Critical Care Departments: Medical Intensive Care Unit (MICU) having 18 beds; High Dependency Unit (HDU) having 10 beds; Surgical Intensive Care Unit having eight beds; Coronary Care Units having six beds.

Endocrinology

The Endocrinology provides a wide range of services for the management of Diabetes Mellitus as well as hormonal disorders. Besides diabetes, the service also offers clinical services for the diagnosis, treatment and management of various hormonal problems, including: Pituitary disorders; Thyroid disorders; Adrenal disorders; Reproductive disorders; Osteoporosis; Metabolic disorders

Internal Medicine

The Internal Medicine provides cross-specialty care for patients with a wide spectrum of clinical conditions.

Psychiatry

The Division of Psychological Medicine provides psychological and psychiatric care for outpatients only. The treatment is voluntary and individually tailored.

Neurology

The Neurology service provides specialised management in Clinics or In-Patient Units for variety of Neurological disorders.

Neuro-Surgery

The Neurosurgery offer expertise in areas such as treatment of neuro-vascular disorders, acute head injury, intracranial bleeding, brain tumour and spine surgery. South City Hospital has some of Top Neuro Surgeons of the country with advance devices to provide highly skilled procedures. South City Hospital also takes the pride to have also conducted Awake Brain Surgery.

Urology

The Urology has range of services for the evaluation, diagnosis and

treatment of acute and chronic urological conditions. We have the expertise and surgical skills in general urology.

Plastic Surgery

The Plastic Surgery provides services in the following areas: Congenital Abnormalities; Craniomaxillofacial Deformities / Trauma; Reconstructive Surgery for Cancer, Trauma and Infection; Aesthetic Surgery (Hair transplants; Face lifts (rhytidectomy); Eyelid surgery (blepharoplasty); Liposuction; Tummy-tuck (abdominoplasty); Breast enlargement / reduction / lift (augmentation mammoplasty, reduction mammoplasty, mastopexy)

Nephrology

The service provides wide range of treatment for Renal Disorders from the early phases of disease. We also provide 24 hours haemodialysis services for in-patient & out-patient. Those patients who require Haemodialysis under strict supervision in ICU Setup is also provided round the clock. Nephrology Specialty has some of the top senior Consultant Nephrologists.

Chest Medicine (Pulmonary Medicine)

The Chest Medicine at SCH provides very comprehensive and advance care for patients with a wide variety of pulmonary diseases and also for the critically ill needing care in the ICU.

ENT

The Ear, Nose and Throat Department offers a comprehensive, specialised service with emphasis on good patient care and evidence based treatment. The services provided include general ENT and subspecialty clinics, in rhinology, allergy, otology, voice, snoring as well as head and neck cancer.

Eye Surgery

It offers complete range of eye treatments & corrective surgeries offered by some of the Top Ophthalmologists.

Oncology

It includes a complete continuum of cancer treatment. We care for patients who require intensive care therapy secondary to complications of Chemotherapy or Radiotherapy.

Radiology

South City Hospital's service partner provides a comprehensive range of Diagnostic Imaging services. SCH offers subspecialties in body imaging (gastro-intestinal, hepatobiliary, genitourinary), head and neck imaging, breast imaging,

interventional radiology, musculoskeletal radiology and uro-radiology. We offer Radiofrequency Ablation (RFA) is treatment that use imaging guidance to place a needle electrode through the skin into a liver tumour. High-frequency electrical currents are passed through the electrode, creating a small region of heat that destroys the cancer cells. RFA is an effective treatment option for patients who might have difficulty with surgery or those whose tumours are less than one and a half inches in diameter.

Laboratory

The laboratory services are provided on a well equipped, highly automated and professionally run facility. Accuracy and precision of tests are monitored by strict internal quality control procedures. The lab operates 24x7 and tests of emergency nature reported out within 1-2 hrs.

Pharmacy

The pharmacists are a link between patients and their doctors. We help patients to understand the role of medication in their overall treatment plan. We believe that when patients understand how their medicines work, they will be able to take their medicines regularly and work with our doctors to manage their medical problems.

Drug Information Service

The Drug Information Service (DIS) is the resource centre for doctors, nurses, pharmacists and other healthcare professionals for information regarding drugs and their properties. The DIS also provides logistical support to various in-house hospital committees e.g. Pharmacy & Therapeutics Committee etc.

Physiotherapy

Physiotherapists are healthcare professionals who evaluate and treat people with health problems resulting from injury or disease. The service caters to all in-patients, out-patients and walk-in patients.

Health Analysis Programme

We offer Health Analysis Program as well, for individual and corporate clients and comprehensive physical examinations. Laboratory Investigations, ECG are also carried at corporate location, while at South City Hospital the comprehensive Investigations such as Echo Cardiogram, Ultrasonography, Exercise Tolerance Test, Consultation from One of the top specialty doctors is also provided where ever required.

We are also providing Dental and Dermatology Services. ■



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Pakistan's leading medical specialists are waiting to help you!

Obstetrics and Gynaecology

Prof. Javed Haider Rizvi
Dr. Saadia Rizvi & Associates
Dr. Parveen Kanji
Prof. Dr. Ayesha Khan
Dr. Rukhsana Aslam
Dr. Rizwana Shoaib
Dr. Rukhsana Mughal
Dr. Nazifa Mubashir
Dr. Sarah Feroz
Dr. Afshan Bano
Dr. Nusrat Shah

I.V.F & Genetic Centre

Prof. Javed Haider Rizvi
Dr. Saadia Rizvi
Dr. Parveen Kanji
Dr. Rukhsana Mughal
Dr. Nasir Sulaiman

General Surgery

Surg. Mumtaz Maher
Dr. Irfan Daudi
Dr. Shahid Rasul
Dr. Amjad Siraj Memon

E.N.T

Prof. Tariq Rafi
Dr. Sameer Quershi
Dr. Shakeel Aqil
Prof. Kalimullah Thaheem

Sonologist

Dr. Amtul Bakhtiar
Dr. Shama Zehra
Dr. Faeza Ubaid

Radiologist

Dr. Amer Bhatti
Dr. Wasey Mahmud Jilani

Orthopedic

Prof. Muhammad Umar
Dr. Raja Shehzad
Dr. Syed Kamran Ahmed
Dr. Mansoor Ali Khan

Dentistry

Dr. Saqib Rashid
Dr. Muhammad Nadeem
Dr. Mirza Hamid Baig
Prof. Navid Rashid
Dr. Mansoor Ul Aziz

Rheumatologist

Dr. Saliha Ishaq
Dr. Muhammad Saeed

Urology

Dr. Nasir Sulaiman
Dr. Anis Hussain
Dr. Shah Nawaz Rajper

Cardiology

Dr. Khalid Khalil
Dr. Faisal Ahmed
Dr. Abdus Samad
Dr. Imran Iftikhar
Dr. Sajid Dhakham
Dr. Najeeb Basir
Dr. Nadeem Hassan Rizvi

Dermatology

Dr. Sayed Javed Waseem
Dr. Syeda Shahmona
Dr. Najjia Ashraf
Dr. Nazia Shakeel
Dr. Taniya Sheikh

Eye

Dr. Mahnaz Naveed Shah
Dr. Shayan Shadmani
Dr. Syeda Aisha Bokhari
Dr. Jamshaid Khan
Dr. M Saeed Iqbal
Dr. Rehman Siddiqui

Gastroenterology

Dr. Saad Khalid Niaz
Dr. Zahid Azam
Dr. Furqaan Ahmed
Prof. Badar Faiyaz Zuberi

Paediatric

Dr. Sohail Thobani
Dr. Mumtaz Lakhani
Dr. Syed Tahir Ali

General Surgeon & Urologist

Prof Dr. Noshad A. Shaikh

General & Vascular Surgeon

Dr. Aftab A. Khan

General & Thyroid Surgeon

Dr. M. Naseem Baloch

Plastic Surgeon

Dr. Tahir Shafi Khan
Dr. Tahir Sheikh

Thoracic Surgeon

Dr. Syed Mehmood-ul-Haq

Occupational Therapist

Madam Najma Adam

Breast Surgery

Dr. Kausar Rehman
Dr. Salim Ahmed Soomro

Neurology

Dr. Nadir Ali Syed
Dr. Mughis Sherani

Internal Medicine & Infectious Diseases

Dr. Farheen Ali

Internal Medicine / Nephrology

Dr. Waqar Kashif

G.P / Nephrology

Dr. Mansoor A Shah

Nephrologist

Dr. Abdul Manan Junejo

Psychiatry

Dr. Bina Saad
Dr. Sobia Haqqi
Dr. Nasim Chaudhry

Chest/Pulmonology

Prof. Nadeem A. Rizvi
Dr. Faisal Faiyaz Zuberi

Speech Therapist

Madam Fouzia

General Physician

Dr. Asif Farooqui

Internal Medicine

Dr. Junaid Patel

Immunologist & Allergist

Dr. Asif Imam

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Neuro spine/ Endoscopic Surgeon

Dr. Hameedullah Buzdar

Neuro Spine/Endovascular Surgeon

Dr. Atta Ul Aleem Bhatti

Neuro Spine Surgeon

Dr. Ashfaq A. Razzaq

Dietation

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Pain Management

Dr. Agha Sajjad

Cardiac Surgery

Dr. Shahid Sami

Psychiatrist & Hypnotherapist

Prof Shahin Haye

Child Psychology

Dr. Amna Tariq

Paediatric Surgeon

Dr. Muhammad Arshad

